

holy moments

#HOLYMOMENTS BUCKET LIST

If you do these thirty things, you'll have the best month of your life.

1. Mail a handwritten note to someone you care about, telling them how much they mean to you.
2. Write down the story of your life, reflecting on the blessings, difficulties, and incredible plan of God.
3. Leave an encouraging note on a stranger's windshield.
4. Invite someone lonely over for dinner.
5. Spend one day creating as many Holy Moments as you can.
6. Send flowers to someone to let them know they matter.
7. Ask someone you admire to recommend a life-changing book...and go read it!
8. Practice generosity by leaving a 50% tip.
9. Spend an hour in silence.
10. Apologize to someone and expect nothing in return.
11. Tell someone important that you love them, in a way that they will remember forever.
12. Tell the truth, no matter how convenient it would be to lie.
13. Give someone a book that changed your life.
14. Pray for the person having the hardest day of their life today and then send them a text of love and encouragement.
15. Donate 10 items to charity...including 5 things you'd rather keep for yourself.
16. Go outside, look at the stars, and marvel at the beauty of nature.
17. Create something new—a writing piece, art, woodwork, jewelry, music, dance, scrapbook, or anything else you feel moved to make!
18. Go for a drive and blast your favorite song, immersing yourself in the present moment.
19. Email your supervisor something amazing your co-worker did.
20. Make the world a more beautiful place by picking up litter, planting a tree, or donating to a public park.
21. Write down your dreams for the next month... year...and decade.
22. Bring a card, soup, or a thoughtful gift to someone who is sick.
23. Do something you loved as a child that you haven't done in a long time.
24. Surprise someone with a care package.
25. Give someone a Holy Moment grant.
26. Make a list of things that scare you. Pick one and, whether it's running 3 miles or going to the movies alone, show courage and DO IT.
27. Donate as much as you financially can to a cause that you believe will change the world.
28. Make food and give it to someone who is struggling to find their next meal.
29. Make a pilgrimage...whether that means a local church, a shrine, or a sacred place across the world.
30. Choose a day to just celebrate life—get a cake, decorate, and invite your friends and family.